

Iowa Department of Human Services

Offer #401-HHS-012: State Resource Centers

Contact Information: Sally Titus, stitus@dhs.state.ia.us (515) 281-6360

This offer is for:		This offer includes the following appropriations:
	New activity	Glenwood SRC, Woodward SRC, Conner Plan,
X	Status quo existing activity	General Administration
	Improved existing activity	

Result(s) Addressed:

Primary Results

- **Provide Intermediate Care Facility treatment services to children and adults with mental retardation and other related conditions**
- **Retain certification from the Department of Inspections and Appeals for meeting Medicaid ICF/MR standards**
 - All Iowans have access to quality health care
- **Facilitate the development of and effective transition of persons from the State Resource Centers to community based services**
- **Provide community living services**
 - Access to community based services
- **Implement United States Department of Justice Consent Decree**

Program Description:

Who:

The two State Resource Centers (SRCs) – located in Glenwood and Woodward – provide a variety of treatment and outreach services to individuals with mental retardation or other developmental disabilities. The facilities assist residents to reach their individual goals and return to their communities.

The two State Resource Centers admit individuals only after DHS determines there are no appropriate community based services available. This determination is required under the terms of the legally binding 1994 Conner Consent Decree. There are also individuals who are committed involuntarily under a court order. The majority of the State Resource Center residents have significant behavioral or medical issues: 77% of clients have an additional diagnosis of mental illness, and since 2003, over 95% of clients admitted were prescribed at least one psychotropic medication to treat a mental illness at the time of admission.

At the SRCs during SFY 2008, of the 620 persons served in the ICF/MR:

- 88% were voluntarily admitted and 12% were involuntarily committed
- Age ranges of persons served:
 - 6% under the age of 18
 - 5% between the ages of 19 and 21
 - 29% between the ages of 22 and 40
 - 47% between the ages of 41 and 60
 - 9% between the ages of 61 and 70
 - 3% between the ages of 71 and 80
 - 1% 81 years of age and older
- Diagnoses of mental retardation of persons served included:
 - 43% Profound
 - 17% Severe
 - 19% Moderate
 - 20% Mild
 - 1% Other
- 77% had a dual diagnosis of Mental Illness/Mental Retardation
- 69% of the clients were placed in paying jobs, either off or on-campus

What:

The two State Resource Centers are licensed as Intermediate Care Facilities for Mental Retardation (ICF/MR) and are the largest of Iowa's 139 ICF/MR facilities. The State Resource Centers provide a full range of treatment and habilitation services. In SFY 2008, the State Resource Centers served 620 persons or 25% of the 2300 persons served by in Iowa's ICF/MR facilities. The total SFY 2008 expenditures of \$266.8 million for Iowa's ICF/MRs were paid through federal, state and county funds.

In addition to providing ICF/MR services, the State Resource Centers provide supported community living, supported employment, community outreach/family-centered services and supported community living services under the Iowa Medicaid Home and Community Based Services (HCBS) Waiver for persons with Mental Retardation. In SFY 2008, 10,700 persons were served in Iowa's HCBS Waiver program with a total cost of \$286 million paid through federal, state and county funds.

The State Resource Centers actively work with residents, parents/guardians and community providers for successful transition of residents into community services. At the end of SFY 2009, the two Resource Centers are projected to have 523 residents (309 at Glenwood and 214 at Woodward). This is a decrease of 24 persons from SFY 2008 and a 23.3% decrease from SFY 2003 when there were 682 residents.

- The following table reflects the number of admissions and discharges as well as the settings to which persons were discharged in SFY 2008.

	GRC	WRC	Total
Admissions	25	7	32
Discharges	28	21	49

	GRC	WRC	Total
Discharges to:			
Parents / Relative Home	5	2	7
Home & Comm. Based Waiver	9	11	20
Comm. ICF/MR	4	2	6
Comm. RCF/MR	1	0	1
Nursing Home	1	0	1
Death	8	6	14
Total:	28	21	49

The SRCs also provide:

- Time Limited Assessments to assist community providers to develop treatment plans to enable them to continue to serve their clients
- Technical assistance and training to other community based providers serving persons with mental retardation and developmental disabilities
- Medicaid home and community based waiver services
 - Supported community living services
 - Other community based services: respite, supported employment, and community outreach/family centered services.

In SFY 2008, the SRCs provided services to the following number of individuals:

Type of Service	GRC	WRC	Total
ICF/MR Residential	356	264	620
Community Programs			
Respite	15	14	29
Supported Community Living	36	50	86
Supported Employment	36	25	61
Comm. Outreach / Family Centered Services	9	0	9
Time-Limited Assessment	6	3	9
Diagnostic Evaluation	0	3	3

How:

The State Resource Centers will have a total of approximately 1,685 staff (FTEs) in SFY 2009 and salaries of approximately \$113 million.

Each facility receives support from staff in General Administration in the areas of policy development, budget oversight and support, performance oversight, and infrastructure improvement.

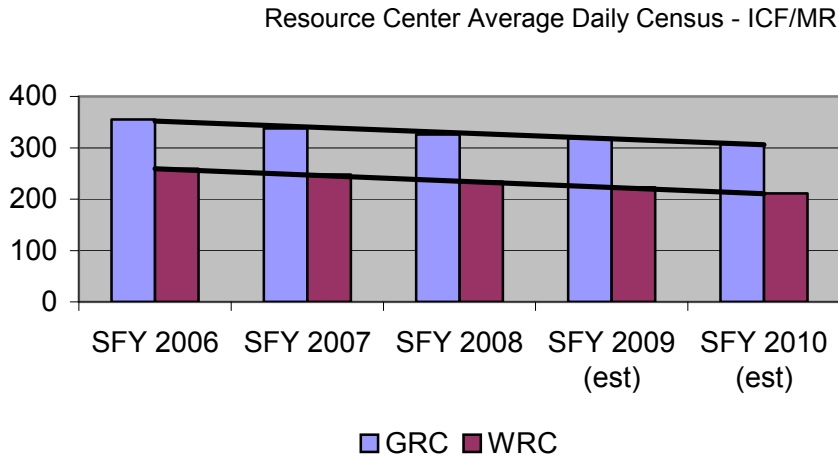
Offer Description:**Today's Activities and Results:**

- Provide access to quality treatment services for children and adults with mental retardation and other related conditions who are unable to be effectively served in the community. The goal of treatment services is to develop necessary skills so that persons can be served in the community.
- Retain certification from the Department of Inspections and Appeals for meeting Medicaid ICF/MR standards.
- Provide Time Limited Assessments to assist community based providers in developing specialized skills to meet client needs.
- Facilitate the development of and effective transition for persons from the SRCs to community based services, as required by the Conner Consent Decree through collaboration with the University of Iowa Center for Disabilities and Development.
- Address concerns raised by the United States Department of Justice in its investigation of potential violations of client civil rights under the Civil Rights for Institutionalized Persons Act (CRIPA) and continue to meet the finalized consent decree.
- Continue to place persons into appropriate community-based settings and reduce up to 24 beds from the ICF/MR during SFY 2010.

The State Resource Centers are uniquely funded using “net budgeting.” Under “net budgeting” the annual State appropriation consists only of the estimated State share of the total facility budget. This State share is the non-Federal portion of the per diem for all children and those adults without a county of legal settlement. In addition, the county rate is capped in Chapter 222 of the Code of Iowa and the State share covers the difference between that capped rate and the per diem for other adult residents. The facility then has the responsibility to meet the remainder of the projected budget need by billing Medicaid, counties and other insurers.

Improved Results Activities:

The Department of Human Services continues to focus on improving service delivery. However, beyond the offer request to maintain quality services for an estimated 523 ICF/MR clients at the Resource Centers, the Department of Human Services is not seeking funding for additional activities.



Offer Justification:

Legal Requirements:

The two State Resource Centers are established by Chapter 222 of the Code of Iowa. The Code requires them to serve as the State's regional resource centers for the purpose of providing treatment, training, instruction, care, habilitation, and support of people with mental retardation or other disabilities. There are a variety of Federal legal requirements applicable to these facilities, including the Conner Consent Decree and the United States Department of Justice Consent Decree.

Rationale:

This offer is necessary for treatment services for a projected beginning SFY 2010 census of 523 clients who require ICF/MR level of care and persons who can benefit from waiver services. In order to carry out the terms of United States Department of Justice Consent Decree relating to the improvement of health and behavioral health care, treatment planning and successful transition of clients into appropriate community settings, this offer assumes a continued reduction in the number of persons served in both facilities by up to 24 clients during the fiscal year.

This offer enables the Department of Human Services to receive Federal funding that comes with being certified.

Results:

Result	SFY 2008 Actual Level	SFY 2009 Projected Level	SFY 2010 Offer Level
% of residents who earn wages through on or off-campus employment	69%	70%	72%
% of discharged residents who remain in the community for at least 180 days	89%	90%	90%

These results assume the level of funding requested in the offer in all appropriations as well as full funding of salary adjustment. If funding is insufficient in either area, results to be achieved will be modified to reflect the impact.